

Steele County Public Health

Long Term Care Program Directory of Resources

Notice: This list is intended for informational purposes only and is not all-inclusive. All persons, agencies, vendors, and businesses listed are presented as resources for the Steele County area and are not being promoted, endorsed or condoned by Steele County Public Health or any of its personnel.

For changes and additions to this list, please contact Steele County Public Health at scphn@co.steele.mn.us

Customized Living Facilities/Nursing Homes

<p>Benedictine Living Community - Owatonna <i>Care Type:</i> Skilled Nursing Facility 2255 30th Street NW Owatonna, MN 55060 507- 444-4200 Fax: 507-446-4944 Admissions: 507-446-4941</p>	<p>Birchwood Cottages <i>Care Type:</i> Housing with Services / Dementia Unit or Dementia Program 1845 and 1905 Austin Road Owatonna, MN 55060 507-413-6800 Fax: 507-413-6452</p>	<p>BridgeWater <i>Care Type:</i> Housing with Services / Assisted Living Services 125 Park Street East Owatonna, MN 55060 507-451-0808 www.bridgewatermn.net</p>
<p>Countryside (Ecumen) – A Catered Senior Living Community <i>Care Type:</i> Housing with Services / Assisted Living Services 650 El Dorado Street Owatonna, MN 55060 507-446-8334</p>	<p>Ecumen Brooks <i>Care Type:</i> Housing with Services / Assisted Living Services 2480 St Paul Road Owatonna, MN 55060 507-446-0611 Fax: 507-446-5858</p>	<p>Frazier Recovery Home LLC <i>Care Type:</i> Housing with Services 231 17th Street NE and 315 Cedar Avenue Owatonna, MN 55060 651-895-4440</p>
<p>Heather Haus <i>Care Type:</i> Housing with Services / Assisted Living Services 223 4th Street NW Blooming Prairie, MN 55917 507-583-7399 Fax: 507-583-2401</p>	<p>Medford Senior Care <i>Care Type:</i> Housing with Services / Assisted Living Services / Apartments & Independent Catered Living 108 3rd Street NE Medford, MN 55049 507-214-3344 Fax: 507-214-3345</p>	<p>Prairie Manor Care Center <i>Care Type:</i> Nursing Home 220 Third Street NW Blooming Prairie, MN 55917 507-583-4434 Fax: 507-583-2401</p>
<p>Timberdale Trace <i>Care Type:</i> Housing with Services / Assisted Living Services 334 Cedardale Drive SE Owatonna, MN 55060 507-451-6914 Fax: 507-451-7083</p>	<p>Timberdale Trace – Memory Care <i>Care Type:</i> Housing with Services / Dementia Unit or Dementia Program 364 Cedardale Drive SE Owatonna, MN 55060 507-446-8600 Fax: 507-446-8601</p>	<p>Traditions of Owatonna I <i>Care Type:</i> Housing with Services / Dementia Unit or Dementia Program 195 24th Place NW Owatonna, MN 55060 507-455-0700 Fax: 507-583-0011</p>
<p>Traditions of Owatonna II <i>Care Type:</i> Housing with Services / Dementia Unit or Dementia Program 150 24th Street NE Owatonna, MN 55060 507-451-0433 Fax: 507-583-0011</p>	<p>Valleyview of Owatonna LLC <i>Care Type:</i> Housing with Services / Assisted Living Services 1212 W Frontage Road Owatonna, MN 55060 507-451-0722 Fax: 507-455-3731</p>	<p>Whispering Oak Place Assisted Living Community <i>Care Type:</i> Housing with Services / Assisted Living Services 903 Calverly Court Ellendale, MN 56026 507-684-3026 Fax: 505-684-3194</p>

Board & Lodge Facilities

<p>Mineral Springs Board & Lodge 800 Mineral Springs Road Owatonna, MN 55060 507-455-1652</p>	<p>Youngdahl LLC 1985 4th Avenue SE Owatonna, MN 55060 507-451-2630 Fax: 507-455-8133</p>	
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Emergency/Hospitals/Shelters

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<p>Austin Medical Center 1000 First Drive NW Austin, MN 55912 General: 507-433-7351 Appointments: 507-433-8758 Toll-free: 888-609-4065</p>	<p>Crisis Resource Center 125 Front Street W Owatonna, MN 55060 507-451-1202 or Toll free: 1-800-451-1202</p>	<p>Gold Cross Ambulance 1005 Cedar Avenue S Owatonna, MN 55060 507-451-6403 Fax: 507-451-8100</p>
<p>Hospitality House of Owatonna Emergency men's shelter 250 E Main Street Owatonna, MN 55060 507-444-4042</p>	<p>Owatonna Clinic (Mayo) 26th Street Clinic 2200 26th Street NW Owatonna, MN 55060 507-451-1120 Toll free: 1-800-628-2538 (or 911)</p>	<p>Owatonna Clinic (Mayo) - Urgent Care 2200 26th Street NW Owatonna, MN 55060 507-451-0686 Regular Appts-507-451-0684 (or 911)</p>
<p>Owatonna Hospital (Allina) 2250 26th Street NW Owatonna, MN 55060 507-451-3850 (or 911)</p>	<p>Safe Return For wandering & medical emergencies 1-888-572-8566</p>	

Financial & Legal Resources

<p>Disability Linkage Line Phone/Toll free: 1-866-333-2466</p> <p>Resource Connection</p>	<p>Disability Professionals PO Box 3408 Mankato, MN 56002 Business: 507-625-1832 Toll Free: 866-678-1832 Fax: 507-625-5606 Disability Certification Assistance</p>	<p>Disability Specialist, Inc. 1-218-666-2676 Toll free: 1-800-642-6393 Fax: 218-666-3136 e-mail: Disabil@northlc.com www.DisabilitySpecialist.net Disability Certification Assistance</p>
<p>Health Care Coverage Options and the New Laws: http://healthcare.gov</p>	<p>Medicare Toll free: 1-800-382-2000 or 1-800-392-0343 http://www.medicare.gov</p>	<p>Medicare Part D-Senior Linkage Line Toll free: 1-800-333-2433 or http://www.medicare.gov</p>
<p>MNHelp.Info www.mnhelp.info</p> <p>Resource Connection</p>	<p>Minnesota Prairie County Alliance – Steele Site 630 Florence Avenue PO Box 890 Owatonna, MN 55060 507-431-5600 888-600-5169 TDD: 507-635-6200</p>	<p>NAELA – National Association of Elder Law Attorneys To find an elder law attorney in greater Minnesota or in other states, go to www.naela.org</p>
<p>Ombudsman for Long Term Care PO Box 64971 St Paul, MN 55164-0971 651-431-2555 Toll Free to St. Paul Office: 800-657-3591</p>	<p>Options for the Uninsured/Underinsured to Obtain Medications or Medical Services: http://www.needymeds.org</p>	<p>SEMCAC–Senior/Caregiver Advocate 545 Dunnell Drive Owatonna, MN 55060 507-451-7134 or 507-450-8848 TDD: 1-800-627-2433 Fax: 507-451-7210 Senior Citizens Legal Services Rep 2nd Wed of every month/8:30 a.m. – 12:00</p>

<p>Senior Place 500 Dunnell Drive Owatonna, MN 55060 507-444-4280 for appointment Fax: 507-444-2470</p>	<p>Social Security Administration 404 2nd Street NW Austin, MN 55912 507-433-1838 Ext. 0 Toll free: 1- 800-772-1213 www.ssa.gov</p>	<p>Southern Minnesota Regional Legal Services Albert Lea, MN 55060 1-888-575-2954 or 1-800-223-0280</p>
<p>USDA Rural Development Service Center Office Housing loans and grants 1810 30th St NW Faribault, MN 55021 507-332-7418 Fax: 855-804-4099 Contact: Charles Phillips, Rural Development Specialist</p>		

Food Programs & Dining Sites		
<p>Bethel Community Supper Bethel Church 1611 Hemlock Ave Owatonna, MN 55060 Wednesdays 5:00 – 6:00 p.m. 507-451-8548 www.bethelowatonna.com</p>	<p>Community Pathways of Steele County Income/Asset Based Hours: Monday & Wednesday 9am-5:30pm; Tuesday, Thursday & Friday 9am-3:30pm; Saturday: 8am-11:30am 155 Oakdale Street, Suite A Owatonna, MN 55060 507-455-2991 communitypathwayscc.org</p>	<p>Ellendale Area Food Shelf Ellendale United Methodist Church 200 6th Street Ellendale, MN 56026 Thursdays 4:30 – 6:30 p.m. or by appointment 507-684-2731</p>
<p>Homestyle Direct 1-866-735-0921 www.homestyledirect.com Medicaid meal provider delivers pre-cooked, healthy meals to your door.</p>	<p>Marketplace Delivery Food Resource & Education Delivery for Steele County The Steele County Food Shelf delivers food to those in Steele County who are unable to come to their location in Owatonna. 507-455-2991 (ask for Rich) communitypathwayscc.org</p>	<p>Meals of Hope Trinity Lutheran Church 609 Lincoln Ave Owatonna, MN 55060 Sundays 5:00 – 6:15 p.m. (no charge) Transportation/pick-up available to the meal is provided at Cedar Place (high rise), Ivanhoe, and Maple Trails on the church bus. Call for pick-up times and details. Call 507-451-4520 before noon on Friday to request a ride. www.tlcowatonna.org</p>
<p>Mom’s Meals Arrives through the mail. Orders can be placed Monday-Friday 8am-5pm. Gluten-free meals are available to waiver customers if there is a medical need. Toll free: 1-866-716-3257 (waiver, press 1) or 1-866-971-6667 (Private Pay) Fax: 515-382-3789 E-mail: info@momsmeals.com www.momsmeals.com</p>	<p>NAPS: Nutrition Assistance Program for Seniors Income/asset based (pick up is usually the 2nd Tuesday of every month from 4pm-7pm at Trinity Lutheran Church in Owatonna) Toll-free 1-877-500-8699, ext. 104</p>	<p>SEMCAC Meals on Wheels SEMCAC Owatonna Mobile Meal Program Blooming Prairie: 507-583-7369 Ellendale: 507-684-3311 Owatonna/Medford: 507-455-3195 or 507-331-6651</p>
<p>St. Vincent’s Table St. Joseph Parish 512 Elm Ave S Owatonna, MN 55060 Tuesdays 5:30 – 6:30 p.m. 507-451-4845 www.stjosephowatonna.org</p>		

Dining Sites

<p>Blooming Prairie Senior Center 134 3rd Ave SE Blooming Prairie, MN 55917 507-583-7369</p>	<p>Cedar Place Apartments 2211 Hartle Avenue Owatonna, MN 55060 507-455-1693</p>	<p>Ellendale Community Center 507-684-2731</p>
<p>Senior Place 500 Dunnell Drive Owatonna, MN 55060 507-444-4280</p>		

Health Services/Home Care/Hospice

<p>Adara Home Health 1961 Premier Drive, Suite 340 Mankato, MN 56001 1-800-598-5546 / 507-345-8591 Corporate Office: 1-800-852-4267 - RN/LPN - Speech Therapy - Home Health Aide - Live-in services - Physical Therapy - Homemaker - Occupational Therapy</p>	<p>Albert Lea Hospice (Mayo) 1705 SE Broadway Avenue Albert Lea, MN 56007 507-377-6393 Contact: Marcia Smith, RN, Director Marcia's email: smith.marcia@mayo.edu - Hospice-related services - Chaplain - Social Worker - Therapy</p>	<p>Albert Lea Medical Center (Mayo) 404 Fountain Street W Albert Lea, MN 56007 507-373-2384 www.almecenter.org - ER inpatient clinic psychiatry</p>
<p>Alimap Home Health Care 507-451-2436 - PCA Services</p>	<p>All Generations Home Care, Inc. 135 Main Street W, Suite G Owatonna, MN 55060 507-214-8007 Fax: 507-214-8010 - PCA services - Respite - Homemaking</p>	<p>All Home Health, Inc. 2626 82nd Street E, Suite #180 Bloomington, MN 55425 952-814-7400 - PCA services - Homemakers</p>
<p>Alliance Health Care 600 S Riverfront Drive, Suite #100 Mankato, MN 56001 507-386-1953 Fax: 507-386-1692 Toll Free: 877-386-7515 - PCA services - Respite care - HHA - Chore services - Assisted living services - Residential waived housing - Fiscal support entity - Companion services</p>	<p>Allina Home Care, Hospice and Hospice House 2350 26th Street NW Owatonna, MN 55060 (next to Owatonna Hospital) 507-446-0936 - Hospice Care - Home Health Care - Residential Home Hospice (in home & at a residential facility) - Staff include: RNs, HHA, Social workers, Chaplain, PT, OT, Speech therapists</p>	<p>Benedictine Living Community – Owatonna Rehabilitation Center 2255 30th Street NW Owatonna, MN 55060 507-444-4200 Fax: 507-446-4950 - Rehabilitation Therapies - Home Health Care - Outpatient Therapy</p>
<p>Cascade Care Services 301 West Avenue Zumbrota, MN 55992 507-214-2800 Fax: 507-451-0690 - PCA services - Homemakers - Companion services</p>	<p>District One Hospital - Hospice Program 200 State Avenue Faribault, MN 55021 507-334-6451 Toll free: 866-773-2022 Email: hospice@districtonehospital.com - Hospice-related services</p>	<p>Divine Healthcare 856 University Avenue W St Paul, MN 55104 651-665-9795 Fax: 651-665-9796 - Short term and Long term care - Skilled nursing and therapy services - Companions and Homemakers - Home Infusion Therapy Services</p>
<p>Ecumen Hospice 634 Bridge St W Owatonna, MN 55060 507-774-3221 Fax: 507-451-1851 www.ecumen.org - Hospice: End-of-Life Care wherever the individual calls home</p>	<p>Freedom Home Care, LLC 1065 SW 24th Avenue, Suite 115 Owatonna, MN 55060 507-387-4663 - Nursing Services - 24 Hour Care - Homemaking - Case Management - Companion Services - Assistance with personal cares</p>	<p>Heartland Hospice Services - Rochester 821 3rd Avenue SE, Suite 15 Rochester, MN 55901 507-292-1170 Fax: 800-254-9581 - Hospice-related services</p>

<p>Helping Hands Homecare of Minnesota, Inc 507-993-7500 Fax: 888-691-4965 www.helpingcareforyou.com Email: helpingcareforyou@gmail.com - PCA - RN Supervision - Homemaking - Respite</p>	<p>Home Health Care, Inc 800 Boone Avenue N, Suite 200 Golden Valley, MN 55427 763-417-8888 Fax: 763-417-0055 www.hhcare.net - Skilled Nursing - PT, OT, ST - Social Work - Home Health Aide - Live-in, overnight</p>	<p>Home Instead Senior Care 1059 Madison Avenue Mankato, MN 56001 507-550-1395 - Private pay - Companionship - Home helper and light housekeeping - Medication reminder - Personal long-term care insurance</p>
<p>Interim HealthCare of Rochester 2659 Superior Drive NW, Suite 200 Rochester, MN 55901 507-200-1111 Fax: 507-208-7598 www.interimhealthcare.com/rochestermn/home/</p>	<p><i>Interim Home Care Services:</i> Private pay, IV therapy, skilled nursing, physical therapy, occupational therapy, speech pathology, medical social services, dietician, home health aide, personal care, extended hours, 24-hour care, homemaker services, companionship, manage oxygen.</p>	<p><i>Interim Hospice Services:</i> Core hospice team (skilled nursing, medical social services, chaplain/ counseling, physician), pharmacist, dietician, PT/OT/SLP, respiratory therapy, hospice aides, homemaker services, volunteer program, certified music therapy, certified massage therapy, "We Honor Veterans" program.</p>
<p>International Quality Home Care 577 State Avenue, Suite 2 Owatonna, MN 55060 507-451-6262 Fax: 507-451-6288 - PCA - HHA - Homemaking - Skilled nursing - Medical supplies</p>	<p>Mayo Clinic Health System – Austin 101 14th Street NW 507-434-1415 TDD phone number 507-437-7754 Toll free: 888-609-4065 ext. 1416 www.austinmedicalcenter.org - Hospice - Social Worker, Chaplain, Volunteers</p>	<p>Oasis Home Care LLC 1065 24th Avenue SW Owatonna, MN 55060 507-291-4204 Fax: 507-299-9479 - PCA & PCA Choice Services</p>
<p>Quality Home Health Care, Inc. 201 East Front Street Owatonna, MN 55060 507-573-1427 Fax: 507-299-9099 - PCA Services</p>	<p>Recover Health 300 11th Avenue NW, Suite 201 Rochester, MN 55901 507-282-2246 Fax: 507-288-1437 - Home Health Aide - Skilled Nursing - Homemaker - Private Duty Nursing - Independent Living Services - Occupational Therapy, Physical Therapy, Speech Therapy</p>	<p>Robland Home Health Care 1500 1st Ave NE, Ste 210 Rochester, MN 55906 507-252-4619 Fax: 866-597-0950 www.roblandhomehealth.com - RPDN - HM - SNV - PCA/ Extended PCA - HHA - PT/OT - ILS - Respite Care</p>
<p>SEMCIL 2200 Second Street SW Rochester, MN 55902 Toll-free: 1-888-460-1815 Fax: 507-285-0898 - RN Supervision - Transition Services - Personal Care Attendant - Pre-employment skills training - Peer mentor services - Independent Living Skills - Senior Companion Program - Disability Linkage Line - Nursing Home Relocation Program</p>	<p>Seniors Helping Seniors 507-396-8080 www.seniorcareseminnesota.com - Private pay - Up to 24 hr care - Light housekeeping - Meal preparation - Yard work - Respite care - Escort/errands - Transportation - Companion - Doctor appointments - House maintenance and small repairs</p>	<p>Spectrum Home Care – Rochester 1530 Greenview Drive SW, Suite 117 Rochester, MN 55901 507-282-8052 Fax: 507-292-1382 Contact: Vicki Thornton - Skilled Nursing - Therapy Services - IV Therapy - Diabetic Foot Care - Homemaker - Home Health Aide - Physical and Occupational Therapy</p>
<p>St. Croix Hospice 101 N 2nd Street, Suite #102 Mankato, MN 56001 507-779-7227 Fax: 507-779-7231 Email: info@stcroixhospice.com - Hospice-related services</p>	<p>Steele County Public Health 635 Florence Avenue Owatonna, MN 55060 From Owatonna: 507-444-7650 From Blooming Prairie: 507-583-2283 From Ellendale: 507-684-2211 - Home Health: skilled & maintenance nursing, PT, home health aide, homemaker - LTCC/MNChoice assessments - PCA assessments - Immunization clinics</p>	<p>Straight River Enterprises 405 First Avenue SE Medford, MN 55049 507-444-2427 - Prevocational counseling and employment support for persons with developmental disabilities only - Chore service</p>

<p>Visiting Angels 577 State Avenue, Suite #3 Owatonna, MN 55060 507-451-1124 Fax: 507-451-1930 www.visitingangels.com/owatonna - Private pay & long-term care insurance - Up to 24 Hour Care (Live in/Live out Care) - Assistance in personal care - Light housekeeping - Companion - Errand and shopping- Respite</p>		
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Independent Senior Housing

<p>Cedardale Place Apartments (Senior High Rise) 2211 Hartle Avenue Owatonna, MN 55060 507-455-1693</p>	<p>Ellendale Square 208 7th Avenue W Ellendale, MN 56026 507-688-2336</p>	<p>Kay Knutson Apartments 905 El Dorado Street SE Owatonna, MN 55060 1-800-466-7722 TTY/TDD: 1-800-627-3529 www.accessiblespace.org</p>
<p>Life Style, Inc. 311 Cedar Avenue N Owatonna, MN 55060 507-451-8524 www.lifestyleinc.net Manages Apache, Cedar Ridge, Cedardale North & South, Ivanhoe, North Court, Parkview, Subland I & II and West Hills Estates apartment complexes in Owatonna, Prairie Villa I apartment complex in Blooming Prairie and Medford Manor in Medford</p>	<p>Maple Trails Apartments 165 24th Place NW Owatonna, MN 55060 1-800-466-7722, Ext. 284</p>	<p>Morehouse Place (Cooperative) 353 Lemond Road Owatonna, MN 55060 507-451-2223</p>
<p>Owatonna Housing and Redevelopment Authority 540 West Hills Circle Owatonna, MN 55060 507-444-4346</p>	<p>Prairie Villa II 440 3rd Street SE Ellendale, MN 56026 507-437-2074</p>	<p>Real Life Cooperative of Owatonna 235 22nd Street SE Owatonna, MN 55060 507- 455-3735</p>

Medical Equipment/Supplies

(For area pharmacies, please see yellow pages in your local phone book.)

<p>ActivStyle 1701 Broadway Street NE Minneapolis, MN 55411 Toll free: 1-800-651-6223</p>	<p>Allina Home Oxygen & Medical Equipment and Lifeline 507-451-7469</p>	<p>American Legion (Loan Closet) 137 West Broadway Street Owatonna, MN 55060 507-451-6080 Lends out equipment only</p>
<p>Anderson's Wheelchairs Inc 1117 2nd Street SW Rochester, MN 55902 507-288-0113 Fax: 507-288-0414 http://www.andersonwheelchair.com/</p>	<p>Assisted Living Store, Inc. Warehouse 199 Bridgepoint Drive South Saint Paul, MN 55075 Toll Free: 1-888-388-5862 651-769-1574 Fax: 1-651-768-7575 http://www.assistedlivingstore.com</p>	<p>Blooming Prairie Serviceman's Club Lends equipment only 507-583-7884</p>
<p>Ellendale Lions Club Lends equipment only 507-684-2472</p>	<p>Freedom Medical Equipment & Supply PO Box 1502 St Cloud, MN 56302 1-866-882-0664</p>	<p>Hearing Impaired Equipment Loan Phone Equipment Distribution 1-800-311-1148 or 1-800-657-3663 TTY: 1-800-657-3513</p>

Heartland Security (Lifeline provider) 1-888-264-6380	HDIS (Home Delivery Incontinent Supplies) Toll free: 1-800-269-4663	Lincare Inc. 200 4 th Street SE Rochester, MN 55904 507-529-8140
Low Vision Store 821 3 rd Avenue SE, Suite #75 Rochester, MN 55904 507-282-7512	Mayo Clinic Store 507-444-5098 Toll Free 1-888-303-9354 www.mayoclinichealthsystem.org	Metro Medical 1408 Riverfront Drive N Mankato, MN 56001 507-388-1801
Omega Medical Supply Rochester, MN LLC: 1-877-252-8413 507-252-8413	Phillips Lifeline (Lifeline provider) 111 Lawrence Street Framingham, MA 01702-8156 1-800-368-2925	Praxair HealthCare Services 23 Center Street W Rochester, MN 55902-3031 507-529-7676
Reliable Medical Toll free: 1-866-334-2602 507-334-2602 (Faribault) 507-433-9000 (Austin) 507-252-0555 (Rochester)	State Services for the Blind Regional Office in Rochester 2070 College View Road E Rochester, MN 55904 507-923-2820 Fax: 507-280-5592 Toll-free: 1-800-366-2715	

Memory Care Resources

Alzheimer's Association of Minnesota – North Dakota Toll free: 1-877-474-8259 http://www.alz.org	The Alzheimer's Store 3197 Trout Place Road Cumming, GA 30041 Toll free: 1-800-752-3238 http://www.alzstore.com	Lewy Body Dementia Association, Inc. PO Box 451529 Atlanta, GA 31145-9429 Phone/Lewy Body Caregivers' Helpline: 1-800-539-9767 E-mail: lbda@lbda.org
Medic Alert and Safe Return Program 1-888-572-8566 http://www.medicalert.org/safereturn		

Mental Health Services

Associates in Psychiatry and Psychology 422 Heritage Place Faribault, MN 55021 507-333-5044	Catholic Charities 577 State Avenue Owatonna, MN 55060 507-455-2008	Commonality Youth and Family Development 560 Dunnell Drive Owatonna, MN 55060 507-214-1840
Fernbrook Family Center 2575 Harvest Lane NW Owatonna, MN 55060 507-446-0431 Fax: 651-925-0337	Lutheran Social Services 609 Lincoln Avenue Owatonna, MN 55060 www.lssmn.org	Mental Health Professionals, Inc. 209 E Main St, Suite A Owatonna, MN 55060 507-446-8123
The Mill Street House Otteson Associates, Inc. 209 Mill Street E Owatonna, MN 55060 Fax: 507-451-8003	South Central Human Relations Center 610 Florence Avenue Owatonna, MN 55060 507-451-2630 or 1-800-722-0590 24 Hour Emergency Line: 507-455-8100	

Miscellaneous

<p>Clothesline (income & asset based) 155 Oakdale Street Owatonna, MN 55060 507-451-2550 Clothesline Office Hours: M, T, W: 8 a.m. to 5 p.m. & Th. 8 a.m. to 1 p.m. Shopping Hours: M, T, W: 12 p.m. to 5 p.m. & Th. 8 a.m. to 1 p.m. Donations accepted: M/T 8 a.m. to 5 p.m.</p>	<p>Dept. of Vocational Rehabilitation 115 Landmark Drive NE, Suite #1 Owatonna, MN 55060-5702 507-446-1467</p>	<p>Disability Benefits 101 Tools and information on health coverage, benefits, and employment. www.mn.db101.org 1-866-333-2466</p>
<p>Driving Evaluations – Department of Public Safety 1-651-296-3790 OR 1-651-284-2000 https://dps.mn.gov/divisions/dvs/Pages/default.aspx Enter driver’s license w/o dashes to check driving status.</p>	<p>Healthy Seniors of Steele County Volunteer programs and falls prevention 500 Dunnell Drive Owatonna, MN 55060 507-774-7648</p>	<p>Medication Awareness Services for Seniors 20 minute consultations with a Pharmacist 507-774-7648 On Call Neighbor: Grace Steele 507-446-0007 or 507-456-6755</p>
<p>Owatonna Work Force Center Riverland College 965 Alexander Drive SW Owatonna, MN 55060 507-431-2275 Email: owatonna.wfc@state.mn.us https://mn.gov/deed/job-seekers/workforce-centers/ 8:00 AM - 12:30 PM; 1:30 - 4:30 PM M-F</p>	<p>Salvation Army Thrift Store, Eviction Counseling 1810 Cedar Avenue S Owatonna, MN 55060 507-455-2023</p>	<p>SEMCAC Energy Assistance, Weatherization, Home Improvement Loans 545 Dunnell Drive Owatonna, MN 55060 507-451-7134 Fax: 507-451-7210</p>
<p>Southeastern Minnesota Area Agency on Aging 2720 Superior Drive NW Rochester, MN 55901 507-288-6944 http://semaaarochestermn.org/</p>		

Parish Nurses

<p>Our Saviors Lutheran 1909 Saint Paul Road, Owatonna, MN 55060 507-451- 4853 Fax: 507-446-0688</p>		
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Respite/Care Giver Support Groups

<p>Alanon Newcomers Meeting 605 Florence Avenue Owatonna, MN 55060 507-455-3677 Toll-free: 1-888-425-2668</p>	<p>Alcoholic Anonymous Newcomers Meeting 605 Florence Avenue Owatonna, MN 55060 507-451-8610 Sunday @ 7:00 p.m.</p>	<p>Alzheimer’s Support Groups 1-800-272-3900 Albert Lea: 507-373-0683 or 507-373-8226 Austin: 507-433-1808 or 507-433-3462 Rochester: 507-284-8966 http://www.alz.org</p>
<p>Alzheimer’s/Dementia Caregiver Support Group Owatonna Public Library 105 N Elm Ave Owatonna, MN 55060 507-676-0411 3rd Tuesday of every month @ 2:30 pm</p>	<p>Brookdale Senior Living 364/334 Cedardale Drive SE Owatonna, MN 55060 507-446-8600 or 507-451-6914 (subject to availability)</p>	<p>Diabetes Support Group Owatonna Clinic 2200 26th Street NW Owatonna, MN 55060 507-455-4496 Monday @ 6:00 p.m. Call for specific dates for group meetings.</p>

<p>Ecumen Brooks 2480 St Paul Road Owatonna MN 55060 507-446-5855 Fax: 507-446-5858 (subject to availability)</p>	<p>Gluten-Free Support Group Contact: Eleanor Simon (for location) 507-451-5752 3rd Thursday of every month @ 1:30 pm</p>	<p>Healthy Seniors 500 Dunnell Drive Owatonna MN 55060 507-774-7648</p>
<p>Lotsa Helping Hands Create a free, private, web-based community to organize volunteers during times of need. http://lotsahelpinghands.com E-mail: info@lotsahelpinghands.com</p>	<p>Lutheran Social Service of Minnesota Senior Companion/Neighbor to Neighbor Programs 1605 Eustis Street, Suite 406 Saint Paul, MN 55108 507-512-1036 888-205-3770 Email: seniorcorps@lssmn.org www.lssmn.org</p>	<p>Minnesota MS Support Group 1-800-582-5296 www.nationalmssociety.org</p>
<p>Narcotics Anonymous – Alano Building 605 Florence Avenue Owatonna, MN 55060 Alano Club 7:00 p.m. (Monday) St. Paul’s Lutheran Church 8:00 p.m. (Wednesday) Our Savior’s Lutheran Church 7:00 p.m. (Friday) 8:00 p.m. (Saturday) NA Helpline: 612-822-7965</p>	<p>Owatonna Arthritis/Fibromyalgia Support Group 1-800-333-1380 3rd Monday of every month at the Brooks (September – May) 2480 St Paul Road Owatonna, MN 55060 507-446-0611</p>	<p>Traditions of Owatonna I Customized Living Services (subject to availability) 195 24th Place NW Owatonna, MN 55060 507-455-0700</p>

Senior Linkage Line & Elder Care Locator

1-800-333-2433 or 1-800-677-1116 or dial 211
www.mnaging.org or www.minnesotahelp.info/

Social Services/Guardianships/Conservatorships

<p>Alternative Resolutions PO Box 887 Owatonna, MN 55060 507-214-1700</p>	<p>Catholic Charities 577 State Avenue Owatonna, MN 55060 507-455-2008</p>	<p>Elder Care Services 1110 Park Road Madison Lake, MN 56063 507-243-3603</p>
<p>Independent Management Services Contact: Stephen Thorson 110 1st Avenue SE Austin, MN 55912 507-437-6389</p>	<p>Julie Nelson Contracted Guardianship/Conservator 507-475-2141</p>	<p>Lutheran Social Services Senior Companion/Neighbor to Neighbor Programs 507-512-1036</p>
<p>Minnesota Prairie County Alliance – Steele Site 630 Florence Avenue PO Box 890 Owatonna, MN 55060 507-431-5600 888-600-5169 TDD: 507-635-6200</p>	<p>Social Security Administration (Rep payee) 404 2nd Street NW Austin, MN 55912 507-433-1838 Ext. 0 Toll free: 1-800-772-1213 www.ssa.gov</p>	

Substance Abuse Providers

<p>Dual Recovery Program 610 Florence Avenue Owatonna, MN 55060 507-444-2250</p>	<p>Fountain Centers of Owatonna 134 Southview Street Owatonna, MN 55060 507-451-0511</p>	
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Transportation

<p>American Cancer Society Only transports patients to appointments for treatment or physician appointments No Charge 1-800-227-2345</p>	<p>Americare Mobility Van, Inc. (AMV) Specialized Medical Transportation Services 307 Pine Street Mankato, MN 56001 507-625-6741 Toll-free: 1-800-963-7233 Email: dispatch@amvan.com</p>	<p>Blooming Prairie Volunteer Transportation 507-583-7369 (SEMCAC for info.)</p>
<p>Land to Air Express Travel between many cities on their Highway 14 and I90 routes for \$8 each way. Three trips daily. 507-625-3977 www.landtoairexpress.com</p>	<p>Quality Transportation Company Medical Transportation 507-573-1313 Accept MA, private pay \$25 in Owatonna and \$1.30 per mile outside Owatonna</p>	<p>SEMCAC's Volunteer Driver Program 1-800-528-7622</p>
<p>SMART Bus (Southern Minnesota Area Rural Transit) 507-451-7777 Toll-free: 1-855-762-7821 http://smartbusmn.org/</p>	<p>Taxi First Choice 122 Mill Street W Owatonna, MN 55060 507-444-0020 Toll free: 1-866-444-9696 www.youarriveontime.com</p>	<p>Tonna Taxi 507-451-4215</p>

Veterans Services

<p>Minneapolis VA Medical Center One Veteran's Drive Minneapolis, MN 55417 612-725-2000 Toll free: 1-866-414-5058</p>	<p>Steele County Veteran's Affairs 630 Florence Ave PO Box 890 Owatonna, MN 55060 507-444-7460 Fax: 325-793-9537</p>	<p>Veterans Linkage Line Toll free: 1-888-546-5838 http://www.minnesotaveteran.org</p>
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