

RETURN TO PLAY PROTOCOL

FOURMILE COMMUNITY RECREATION CENTER



PURPOSE

This Return to Play Protocol was formed from various recommendations, from the Centers for Disease Control and Prevention (CDC), Iowa Department of Public Health, National Recreation and Parks Association and other public health organizations, as mitigation efforts to help ensure player, spectator and staff safety.

NOTICE

If permittee or attendees are not in compliance with these Protocols, the Facility Use Permit is subject to immediate cancellation. In addition, attendees found in violation of the Protocols will be requested to leave the premises if violations continue after one verbal warning of violation. No refunds will be provided for any dates canceled or early termination of this Permit for violations.

The City of Des Moines cannot guarantee that the applicant or any of the event attendees will not become infected with COVID-19. Applicant and attendees use the City's facility at their own risk.

The Parks and Recreation Department reserves the right to change the Facility Use requirements at any time and will contact applicant immediately with such changes.

GUEST SAFETY

- Please take your temperature prior to coming to the facility and stay home if you have a fever of 100.4 or higher. A scanner will also be at each facility to verify temperatures before entering the building.
- Any person who is experiencing [symptoms of coronavirus](#), who has been in contact with anyone with a confirmed COVID-19 diagnosis in the last 14 days, who is awaiting COVID-19 test results or has been asked to quarantine will be prohibited from gathering at the facility, until the CDC's quarantine or isolation period is complete.
 - Per CDC guidance, If you have been exposed, even if you test negative for COVID-19 or feel healthy, you should stay home ([quarantine](#)) since symptoms may appear up to 14 days after exposure to the virus.
- If you are participating in one of our programs or utilizing our facility and test positive for COVID-19, you must immediately contact John Hagener at (515)237-1652 or JAHagener@dmgov.org. To prevent the spread of COVID-19, we must be able to post notice of dates of public exposure for contact tracing purposes. No personal information will be shared. Failure to report that you have been at our facility and/or participating in our activities/programs while you were positive, will result in one or more of the following without refund:
 - Individual Suspension
 - Permit Cancellation
- To help prevent the spread of the virus **masks are required**, per CDC recommendation and the most recent [Mayor's Mask Mandate](#), in any indoor public setting, outdoors when social distancing of six (6) feet or more cannot be maintained or in the presence of members outside of your household.
 - Masks should NOT be worn by children under age 2 or anyone who has trouble breathing, is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.
- All users must follow all CDC and public health guidance for social distancing and ensure at least six (6) feet of physical distance between each group or individual attending alone.
- Users should use their own personal equipment. Sharing personal equipment is prohibited.
- Users must bring their own water bottles and must have their names clearly labeled on all items.

- Users are required to bring their own hand sanitizer for disinfecting hands.

RENTAL SAFETY

- Renter is responsible for enforcing facility size limitations. Facility capacity is 50% of normal operating capacity (see attached modified maximum capacity).

CHAIRS AND TABLES

- Chairs and tables are located to maintain proper social distancing. Table location markings will be placed on the ground. Please do not relocate them.
- Chairs and tables will be cleaned and sanitized daily. Users are encouraged to wipe them down before/after each use.
- Seating is limited to 50% of normal operating capacity. Users must ensure at least six feet of physical distance between each group or individual attending alone when seated.

GYM SAFETY

- Due to reduced capacity, **no spectators are allowed.**
- Seating is limited to 50% of normal operating capacity.
- Users should practice social distancing between different household units and accept personal responsibility for public health guidelines.
- Users must ensure at least six feet of physical distance between each group or individual attending alone when seated.

PLAYER SAFETY

- **Masks are required** per CDC recommendation and the most recent [Mayor's Mask Mandate](#) in any indoor public setting, to help prevent the spread of the virus.
 - **Players must wear a mask to/from the courts** but may choose to wear a mask during play provided it does not compromise their safety.
 - Masks should NOT be worn by children under age two or anyone who has trouble breathing, is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.
- To follow social distancing requirements of six feet or more, gathering on-court should be avoided, if possible.
- Clean and sanitize the bench before and after use. This includes removing trash and wiping down all hard surfaces.
- No handshakes. Please only verbalize sportsmanship greetings.
- **Off-court all social distancing mandates of six feet or more must be followed.** We encourage players to try at all times to maintain distance while playing but per the Governor's proclamation, sports, such as basketball, may at times on-court get closer than six feet.
- Gym Maximum Capacity is 12.

FACILITY SAFETY- RESTROOMS/DRINKING FOUNTAINS

- Any lines for restrooms, or others are also discouraged. If there must be a line, six-foot spacing requirements shall always be in effect.
- Drinking fountains will be closed for public use.

FACILITY SAFETY-ROOM GUIDELINES

- **Gym usage (Capacity-12)**
 - No pick-up basketball games. Open for shooting only must stay 6-feet apart. Pickleball singles matches only (unless in family household). Participants will wipe down equipment checked out (basketballs, etc.) before and after use.
- **Weight room (Capacity - 6)**
 - Participants will wipe down equipment before and after use. Participants wipe down equipment before and after use.
- **Computer Room (Capacity - 2)**
 - Participants will wipe down equipment before and after use with isopropyl alcohol.
- **Multipurpose room (Capacity-20)**
 - Chairs must be spaced a minimum of 6-feet between participants and remove the rest of the chairs.

FACILITY SAFETY-PARKING

- Facility safety regulations apply to all areas, including parking lots.
- Facility users and other attendees are asked to maintain social distancing in the facility parking lots before and after games.
- When activity is complete, facility users and other attendees are asked to exit the facility and parking lot(s) immediately.

RESOURCES/LINKS

The Aspen Institute's Project Play Resource Center

<https://www.aspenprojectplay.org/coronavirus-and-youth-sports>

The Aspen Institute's Project Play Return to Play Risk Assessment

<https://www.aspenprojectplay.org/return-to-play>

CDC Considerations for Sports

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youthsports.html>

CDC Guidance for Cleaning and Disinfecting

<https://www.cdc.gov/coronavirus/2019-ncov/community/clean-disinfect/index.html>

CDC List of Acceptable Disinfectants

<https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>

City of Des Moines COVID Response Site

<https://www.dsm.city/covid19>

Iowa Department of Education: COVID-19 Reopening Guidance: Summer Sports

<https://educateiowa.gov/documents/pk-12/2020/05/covid-19-reopening-guidancesummer-sports>

Iowa Department of Public Health

<https://idph.iowa.gov/emerging-health-issues/novel-coronavirus>

John Hopkins Bloomberg School of Public Health Center for Health Security Public Health Principles for Re-Opening

https://www.centerforhealthsecurity.org/our-work/pubs_archive/pubs-pdfs/2020/200417-reopening-guidance-governors.pdf

Plan For, and Preparing For, When Someone Gets Sick

<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-whensick.html#discontinue-isolation>

Polk County Public Health Department

<https://www.polkcountyiowa.gov/health-department/2019-novel-coronavirus-covid-19/>

Public Health Recommendations for Community-Related Exposure

<https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html>