

RETURN TO PLAY PROTOCOL SWIM LESSONS



PURPOSE

This Return to Play Protocol was formed from various recommendations, from the Centers for Disease Control and Prevention (CDC), Iowa Department of Public Health, National Recreation and Parks Association and other public health organizations, as mitigation efforts to help ensure participant, spectator and staff safety.

NOTICE

If player or attendees are not in compliance with these Protocols, registration is subject to immediate cancellation. In addition, attendees found in violation of the Protocols will be requested to leave the premises if violations continue after one verbal warning of violation. No refunds will be provided for any dates canceled or early termination of this registration for violations.

The City of Des Moines cannot guarantee that the player or any of the event attendees will not become infected with COVID-19. Player and attendees use the City's facility at their own risk.

The Parks and Recreation Department reserves the right to change the Facility Use requirements at any time and will contact the participants immediately with such changes.

SWIMMER SAFETY

- Participants should take their temperature prior to arriving at a pool or aquatic center and stay home if 100.4 degrees or higher.
- Any person who is experiencing [symptoms of coronavirus](#), who has been in contact with anyone with a confirmed COVID-19 diagnosis in the last 14 days, who is awaiting COVID-19 test results or has been asked to quarantine will be prohibited from entering the facility.
 - Per CDC guidance, If you have been exposed, even if you test negative for COVID-19 or feel healthy, you should stay home ([quarantine](#)) since symptoms may appear up to 14 days after exposure to the virus.
- If you are participating in one of our programs and test positive for COVID-19, you must immediately contact Parks and Recreation Supervisor, Austin Tasler, at (515)248-6330 or Aquatics@dmgov.org. To prevent the spread of COVID-19, we must be able to post notice of dates of public exposure for contact tracing purposes. No personal information will be shared. Failure to report that you have been at our facility and/or participating in our activities/programs while you were positive, will result in the following (without refund):
 - Individual Suspension
- All participants accept personal responsibility and follow all CDC and public health guidance for social distancing, at least six feet of physical distance between each group or individual attending.
- **Participants are required to wear masks to/from the pool and on the deck** per the most recent [Mayor's Proclamation Amendment](#), to help prevent the spread of the virus.
 - CDC recommends that people wear masks in public settings and when around people who don't live in your household.
 - Masks should NOT be worn if they become wet, by children under age 2 or anyone who has trouble breathing, is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

- Swimmers should use their own personal equipment (goggles, kickboards, etc.) as much as possible. Sharing personal equipment items is discouraged.
- Swimmers are encouraged to bring their own hand sanitizer and wipes for disinfecting hands and equipment regularly. Hand sanitizer stations will be available at the facility.

SPECTATOR SAFETY

- Spectators should take their temperature prior to arriving at a pool or aquatic center and stay home if 100.4 degrees or higher.
- Any person who is experiencing [symptoms of coronavirus](#), who has been in contact with anyone with a confirmed COVID-19 diagnosis in the last 14 days, who is awaiting COVID-19 test results or has been asked to quarantine will be prohibited from entering the facility.
 - Per CDC guidance, If you have been exposed, even if you test negative for COVID-19 or feel healthy, you should stay home ([quarantine](#)) since symptoms may appear up to 14 days after exposure to the virus.
- **Spectators are required to wear masks** per the most recent [Mayor's Proclamation Amendment](#), to help prevent the spread of the virus.
 - CDC recommends that people wear masks in public settings and when around people who don't live in your household.
 - Masks should NOT be worn if they become wet, by children under age 2 or anyone who has trouble breathing, is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.
- Spectators must accept personal responsibility and follow all CDC and public health guidance for social distancing, at least six feet of physical distance between each group or individual attending.
- Spectators are encouraged to bring their own chairs or stand. If seating is available, it will be limited to 50% of normal operating capacity. Users must ensure at least six feet of physical distance between each group or individual attending alone when seated.
- If you are participating in one of our programs and test positive for COVID-19, you must immediately contact Parks and Recreation Supervisor, Austin Tasler, at (515)248-6330 or Aquatics@dmgov.org. To prevent the spread of COVID-19, we must be able to post notice of dates of public exposure for contact tracing purposes. No personal information will be shared. Failure to report that you have been at our facility and/or participating in our activities/programs while you were positive, will result in the following (without refund):
 - Individual Suspension

FACILITY SAFETY-CONCESSIONS/RESTROOMS/DRINKING FOUNTAINS

- Any lines for restrooms are discouraged. If there must be a line, six-foot spacing requirements shall always be in effect.
- Users are encouraged to wipe down the tables before/after each use.
- Drinking fountains will be closed for public use.

FACILITY SAFETY-GENERAL/MISCELLANEOUS

- Participants and spectators should take their temperature prior to arriving at a pool or aquatic center and stay home if 100.4 degrees or higher.
- Any person who is experiencing [symptoms of coronavirus](#), who has been in contact with anyone with a confirmed COVID-19 diagnosis in the last 14 days, who is awaiting COVID-19 test results or has been asked to quarantine will be prohibited from entering the facility.
 - Per CDC guidance, If you have been exposed, even if you test negative for COVID-19 or feel healthy, you should stay home ([quarantine](#)) since symptoms may appear up to 14 days after exposure to the virus.
- If you are participating in one of our programs and test positive for COVID-19, you must immediately contact Parks and Recreation Supervisor, Austin Tasler, at (515)248-6330 or Aquatics@dmgov.org. To prevent the spread of COVID-19, we must be able to post notice of dates of public exposure for contact tracing purposes. No personal information will be shared. Failure to report that you have been at our facility and/or participating in our activities/programs while you were positive, will result in the following (without refund):
 - Individual Suspension
- **Masks are required** per CDC recommendation and the most recent [Mayor's Proclamation Amendment](#), to help prevent the spread of the virus.
 - Masks should NOT be worn by:
 - persons under 2 years of age;
 - or anyone who has trouble breathing, is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.
 - or any person who has been told in writing by a medical, legal, or behavioral health professional not to wear face coverings when that writing is carried on the person not using an otherwise required face covering unless such inquiry is prohibited by Federal or State law;
 - **Spectators are required to wear a masks in our facilities, participants are required to wear masks to/from the pool and on the pool deck.**
- All facility users must obey all signage and follow social distancing guidelines to maintain at least six (6) feet of physical distance between each household group or individual. Masks do not substitute for social distancing.

FACILITY SAFETY-PARKING

- Facility safety regulations apply to all areas, including parking lots.
- Swimmers and spectators are asked to maintain social distancing in the facility parking lots before and after programming and/or open swim.
- Swimmers and spectators must exit the facility and parking lot(s) immediately following a lesson/program and/or open swim.

RESOURCES/LINKS

American Red Cross Considerations for Aquatic Facilities and Lifeguarding

https://image.outreach.redcross.org/lib/fe9313727d64057474/m/2/LG_Ops_Considerations_Final_20200526.pdf

CDC Aquatic Venues Safety Steps

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/Aquatic-Venues-COVID19-Safety-Steps-Poster.pdf>

CDC Considerations for Public Pools, Hot Tubs, and Water Playgrounds During COVID-19

<https://www.cdc.gov/coronavirus/2019-ncov/community/parks-rec/aquatic-venues.html#23>

CDC Considerations for Wearing Face Coverings

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover-guidance.html>

CDC Guidance for Cleaning and Disinfecting

<https://www.cdc.gov/coronavirus/2019-ncov/community/cleaning-disinfecting-decision-tool.html>

CDC List of Acceptable Disinfectants

<https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>

City of Des Moines COVID Response Site

<https://www.dsm.city/covid19>

Iowa Department of Education: COVID-19 Reopening Guidance: Summer Sports

<https://educateiowa.gov/documents/pk-12/2020/05/covid-19-reopening-guidancesummer-sports>

Iowa Department of Public Health

<https://idph.iowa.gov/emerging-health-issues/novel-coronavirus>

John Hopkins Bloomberg School of Public Health Center for Health Security Public Health Principles for Re-Opening

https://www.centerforhealthsecurity.org/our-work/pubs_archive/pubs-pdfs/2020/200417-reopening-guidance-governors.pdf

Polk County Public Health Department

<https://www.polkcountyiowa.gov/health-department/2019-novel-coronavirus-covid-19/>

Public Health Recommendations for Community-Related Exposure

<https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html>